RIPPLES FROM THE HARBOR



OCTOBER 2013 Your Monthly Newsletter from Cold Spring Harbor Junior/Senior High School

COMMUNITY ORGANIZATIONS

ARTS BOOSTER CLUB

The Arts play an essential role in the academic success and creative development of our students. Please support us with your **membership**. The membership form can be found on the High School website under "Parent Groups."

UPCOMING EVENTS and NEWS

1. The Fall Drama Production

This year the Fall Drama will be "OZ" by Don Zolidis. To read the play go to www.playscripts.com/play/2065

Rehearsals are underway!!

Performances: November 22nd, 23rd and 24th

- 2. TRI-M Music Honor Society Induction on Wednesday, October 16th, 7pm at the CSH Public Library
- 3. Arts Booster Club Budget Meeting on Friday, October 18th, 11am in the CSHHS Conference Room

4. The **Arts Booster Club Fall Night Out**, Wednesday, October 30th, 6-9pm at The Paramount PLEASE JOIN US!!

At Back-to-School Night we had an opportunity to meet the Teachers. At Fall Nite Out we have an opportunity to meet the Club Advisors for Art, Music, Theatre, Comedy and Creative Writing. Join us for a fun evening with some SPELLBINDING entertainment! See attached invitation.

FOCUS

FOCUS presents:

Dr. Rona Novick, PhD October 17th @ the PAC 10:00 am

Raising Socially Responsible Children in our Media Challenged World.

Dr. Novick is a Clinical Child Psychologist and University Professor in Education. Whether your child has entered kindergarten or is looking at colleges, you are guaranteed to laugh and leave with practical tips and strategies that work. We hope to see you there!

CENTRAL PARENT'S COUNCIL (CPC)

Dear Parents,

CPC, Central Parent's Council, is a meeting that is held the first Thursday of the month at 9:00 AM at CSH District Office. Each school in our district is represented by their parent group presidents, and representatives. The meeting is an OPEN meeting where all are welcomed and encouraged to attend. The meeting is always attended by our District Administration and Board of Education Members and each school and parent group gives a report on district wide issues.

Central Parent's Council had its first meeting on 9/12/13. Our speakers were Mr. Michael Bongino, Principals Mr. Jay Matuk, Valerie Massimo and Lynn Herschlein giving reports for their respective schools, as well as Dr. Wilansky, Dr. Bellino, and Mr. Contess who were on hand to update us on back to school issues. All of the Parent Group Presidents, or their designees were on hand to give reports and the meeting was well attended.

Please join us at The Francis Roberts Community Center at Cold Spring Harbor District Office on 10/3/13 at 9AM as we welcome our Superintendent, Dr. Judith Wilansky, and Asst. Superintendent, Dr. Lydia Bellino as they discuss the NYS Common Core exams.

CPC welcomes all parent input and comments during the "new business" portion of the meeting. It is a chance to brainstorm issues and problems with the group that directly relates to our children and our school district as a whole. I urge all parents to attend.

Sincerely, Helen Daly, Chairperson

CITIZENS FACULTY ASSOCIATION (CFA)

• Please join us on Tuesday, October 1 at noon for our monthly CFA meeting. The meeting will be held in the Jr. High Library. In addition to our school and parent club reports, we would like to invite parents to voice any concerns or issues so that we may address them at future meetings. All are welcome and encouraged to attend - refreshments will be served.

•The CFA will be holding a fundraiser on Sunday, October 6, from 4:30-8pm, at the 'Tasty American Coo Coo' restaurant in Huntington Village. Mention the CSH CFA when you order and the restaurant will donate 20% of the evening's proceeds back to the CFA and the students!

CULTURAL ARTS COMMITTEE (CAC)

•The Cultural Arts Committee had a wonderful workshop with '**Journey Into American Indian Territory'** for the 7th grade Social Studies classes on September 18th & 19th.

•On Tuesday, October 1st the CAC brings the 'Civil War Living Historians' to the 8th grade Social Studies classes. Company K of the 67th New York Volunteer Infantry will set up camp in the front circle of school and re-enact the daily life of a Civil War soldier. Please feel free to stop by and experience first- hand the life of a Civil War soldier.

•Award-winning writer, **Brian Heinz** returns on Monday, October 7th and Tuesday, October 8th to conduct a **writing workshop** for the 7th grade English classes in the JH Library. Using readings, discussions, and interactive writing exercises the students learn how to identify the critical elements of a story.

•Please join us at our next Cultural Arts Committee meeting at West Side Elementary School on Wednesday, October 23rd @ 9:30AM.

LITTLE APPLE FUN RUN

Start Training!

•The Annual Lloyd Harbor School Little Apple Fun Run is on Sunday, November 3, 2013

•Get exercise and enjoy spending time with your family and friends while you help raise money to support our school. The 1 mile fun run begins at 9:30 am and the 5K begins at 10:30 am. You will be able to register soon at LHSPTG.org or active.com. Physical registration forms will go out in LHS, WSS and GHS student's backpacks and be placed throughout CSH HS and around Huntington and Cold Spring Harbor businesses.

•If you are interested in volunteering to help or interested in sponsoring the race at any monetary level, please contact Terri Coyle at (631) 659-3253 or <u>pnpterri@gmail.com</u>. All sponsors will receive recognition in our 2013 race flyer. Business sponsors at \$200 or more will be recognized on the back of the race t-shirt. Please provide Terri Coyle with your business card or artwork as soon as possible, if you are interested in being on the back of the t-shirt.

•We are looking forward to this wonderful event and hope that you will join us!

DISTRICT NEWS

Board of Education Meeting -Tuesday, October 8, 2013 at 8:00 PM, LocationTBD.

SCHOOL NEWS

The Jr. High Back to School Night (Grades 7 & 8) will be held on Thurs., Oct. 3rd at 6:45pm.

<u>Message from Kristine Levy, Yearbook Advisor:</u> If you are writing for any information about the YEARBOOKS: school photos, senior portraits, purchases, dedication pages, photo submissions, etc., please click here: <u>http://www.csh.k12.ny.us/webpages/klevy/yearbooks.cfm</u> You can bookmark this link to check for updates!

SENIOR QUOTES

If you are sending me a Senior Quote, make sure:

- 1. Subject line is "Senior Quote: Full Name"
- 2. Your quote is appropriate for a G-rated school publication. Children and grandparents dote over this book.
- 3. You included attribution (who said it?)

4. You have PROOFREAD your quote.

If you did not do all of these things, please resend it- we use the latest time-stamp. Handwritten/verbal quotes are not accepted- I am a not a good typist!

If you are writing about anything else, I will get back to you asap. I am part time, and can be found Period 4 in A-8, then in A-6 for the rest of the day.

CONGRATULATIONS! Two of Kristine Levy's digital art students, Alanna Schetty (grade 11), and Bridget DeGiorgio (grade 11), have created winning entries in the "Embracing Our Differences" art competition, run by the Suffolk Center on the Holocaust, Diversity & Human Understanding.

Ms. Levy's classes entered their digital artwork created using visual metaphor as a way to promote tolerance and diversity. Each winning work of art will be enlarged to 12 x 16 feet, and exhibited on the Grant Campus of Suffolk County Community College, Brentwood, running from October 14 – 27. There will be a special reception that will celebrate our artists at a date and time to be announced.

The winning entries are attached.

ATTENTION WINTER ATHLETES: Winter sports for the Jr. High start on Wednesday, November 6, 2013. For the High School, all sports start on Monday, November 18, 2013. Participants must bring a completed Coaches Authorization Card to the Health Office and must have a current physical on file. Cards can be obtained in the Main Office. For those students needing a physical, the **school doctor will be in the Health Office on Friday, November 1, 2013 at 7:45 am.** Students needing a physical must report to the Health Office PROMPTLY at 7:45 am. If you have any questions, see Ms. Pendel or call (631) 367-6904.

FROM THE HEALTH OFFICE: In order to keep our students as healthy and safe as possible, we would like all parents to stress to their children the importance of good hygiene. Encourage them to wash their hands often and to cover their mouth with the crook of their elbow when they cough. Send them to school with bottled water and/or drinks and tell them not to share their drinks with their friends.

Most important of all, if your child is sick, keep him/her home. If your child tells you that he/she is not feeling well, please take your child's temperature. If your child has a temperature of 100° or above, he/she must stay home until they are fever free without medication for 24 hours. Hopefully, with your help we can all have a safe and healthy school year.

Community Service Opportunities

The Whaling Museum- Lots of Opportunities! Call Ms. Rongo directly 367-3418 ext 12 Waves and Watercolors- 10/6 3-7pm art exhibit, setup and cleanup Haunted Museum- 10/20 12-5pm family fun day, setup, actors, ushers, makeup Haunted Museum- 10/27 12-5pm family fun day, setup, actors, ushers makeup

Cold Spring Harbor Schools Cold Spring Harbor JR. / SR. High School Office of the Director of Health, Physical Education and Athletics

Comments from the Athletic Director:

The Fall Season is in full swing. Some of the Varsity Teams are making a push towards the playoffs. This Fall season we have 18 High School Teams and 11 Junior High Teams competing in interscholastic athletics. Cold Spring Harbor has a lot to be proud of with 350 HS Athletes and 240 7th and 8th grade athletes involved in the Athletic Program. All with hopes of surpassing individual goals and achieving goals set by the team.

Upcoming Events this Fall:

- 1. October 12th at 2pm is the Homecoming Football Game vs Locust Valley. The game will be played on Seahawk Field.
- Girls Field Hockey Breast Cancer Game is October 16th vs North Shore under lights at 7pm on Seahawk Field. WEAR PINK!!!
- 3. October 21st at 6:30pm in the NEW GYM CSH Fencing is hosting an open house. All interested Fencers (All Levels) are encouraged to attend.

Team Highlights:

1. The Varsity Girls Volleyball team took a trip to CW Post to watch a collegiate game. After the game the girls had the opportunity to meet and speak with the players. It was a great experience and fun for the entire team. Great Job by Coach Emily Wildermuth for organizing this trip.

Winter Sports Information – Junior High

- 1. Junior High Winter Sports Season I begins November 6th at 2:45pm in the New Gym. Team meetings will take place, coach introduction and practice expectations will be discussed.
- 2. November 7th First Day of actual practice/tryouts will begin at 2:45pm.
- 3. The Following Sports take place in the Junior High Winter I Season: Boys Basketball, Girls Volleyball, Boys Swimming and Coed Winter Track.
- 4. All Athletes MUST have an up to date Physical and signed White Medical Authorization Card. A new white authorization card is required even if you participated in a Fall Sport.
- 5. More information will be emailed home to all parents in the 7th and 8th grade.

Winter Sports Information – High School

- 1. High School Winter Season begins Monday November 18th. This is the first day of practice and tryouts. Communication about practice times and location will be communicated to you by the coaches.
- 2. The Following Sports take place during the High School Winter Season: Boys and Girls Basketball, Wrestling, Fencing (coed), Boys Swimming and Diving, Girls Gymnastics, Boys and Girls Winter Track.
- 3. All Athletes MUST have an up to date Physical and signed White Medical Authorization Card. A new white authorization card is required even if you participated in a Fall Sport.
- 4. More information will be emailed home to all parents in the 9th, 10th, 11th and 12th grade.

Physical Education:

Classes are in full swing, where the students are engaged and active in a variety if units. Some of the units going on in the department are: Golf, Tennis, Frisbee and Mountain Bike riding. The importance of Physical Education cannot be stressed enough. Our knowledgeable and energetic staff has a fun, exciting and educational curriculum in store for the students. An upcoming program to take place in November will be SAPP (Substance Abuse Prevention Program) for the 8th and 9th grade students.

Health:

In the health department some of the units being taught are Communication, decision making skills, refusal skills, conflict resolution, nutrition, alcohol, tobacco, and self esteem. These topics are practical and the education provided will be beneficial in everyday life. Mr. Homer and Mr. Phelan do an outstanding job with students. Each day in class the students are engaged and truly learning valuable lessons that are practical to everyday life.

"Commitment to Excellence"